

C.R.O.S.S. MEETING ⁷

Here is a simple meeting flow for a disciple-making group to follow.

Connect:

~15 minutes

Spend time checking in with each other. Specifically looking at how each person is doing relationally, spiritually, physically, emotionally and vocationally.

Review

~15minutes

Spend the time reviewing the previous week's scripture readings. What parts were meaningful to you? What questions surfaced? What challenged you to take action? Look at last week's action step. Did you accomplish it? What prevented you from accomplishing the task?

Objective

~5 minutes

Decide which of the four marks of discipleship or another objective you need to accomplish in the next two weeks. Which area of life (relationally, spiritually, physically, professionally) is lagging right now? What challenges and opportunities are in front of you?

Strategy

~10 minutes

Decide what is a specific, small and achievable action step you can accomplish within the next week to address the objective.

Set Time and Pray

~5 minute

Set the next meeting time and spend deliberate time in prayer.

⁷ This method comes from Tom Wood's CROSS Coaching model. www.cmmnet.org